



## **13<sup>th</sup> ANNUAL SWIM ACROSS THE LAKE**

**When:** Friday, August 6, 2010

**Where:** Swimmers can meet at the beach access road at 12:00 pm (Milligan's barge will be there to transport to Baxandall's dock) or you can go directly to Baxandall's dock. The swim will begin at 1:00 pm at Baxandall's dock and end at the beach access road.

**Why:** To raise money for water activities for Seymour Arm Youth

**How:** Pick up sponsorship forms at Daniel's Store, on Milligan's web site or the SACCA web site.

**Spotter boats needed:** Volunteer your services with Fraser Head by phoning him at 403-874-0695.

**There will be hot dogs and drinks on the beach after the swim for the swimmers. AWE (Aging With Ease) will have a special memorial gift for all the participants who have sponsors.**

**Come out and swim, spot or support your favorite swimmer!**

**AWE has agreed to sponsor the swim for the next two years. In addition, we receive major support from SACA, Coppertone (Sharon Sommer) and the Milligan family.**